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SALADS & WRAPS

BUILD YOUR OWN

INCLUDES UNLIMITED VEGETABLE TOPPINGS*
AVOCADO | PROTEIN | SHRIMP

BRAVOCADO

ROCKET ROMAINE, GARDEN SPINACH, TOMATO, CUCUMBER, RED ONION, CILANTRO, AVOCADO, HOMEMADE GARLIC CROUTONS, SPICY AVOCADO DRESSING, TOPPED WITH SOUR CREAM

CHICKEN CAESAR

ROCKET ROMAINE, PARMESAN CHEESE, SAVORY GRILLED CHICKEN BREAST, HOMEMADE GARLIC CROUTONS, CAESAR DRESSING

CLUB

ROCKET ROMAINE, PAN ROASTED TURKEY BREAST, HARDWOOD SMOKED BACON, CHEDDAR CHEESE, TOMATO, SPICY RANCH DRESSING

COBB

ROCKET ROMAINE, ARCTIC ICEBERG, PAN ROASTED TURKEY BREAST, HARDWOOD SMOKED BACON, EGG, AVOCADO, TOMATO, BLEU CHEESE CRUMBLES, ITALIAN HERB VINAIGRETTE

MEDITERRANEAN

ROCKET ROMAINE, ARCTIC ICEBERG, GARBANZO BEANS, CUCUMBER, FETA CHEESE, FRESH RED PEPPER, PURPLE CABBAGE, CRUSHED PITA CHIPS, BABA LEMON VINAIGRETTE.

MISO SESAME

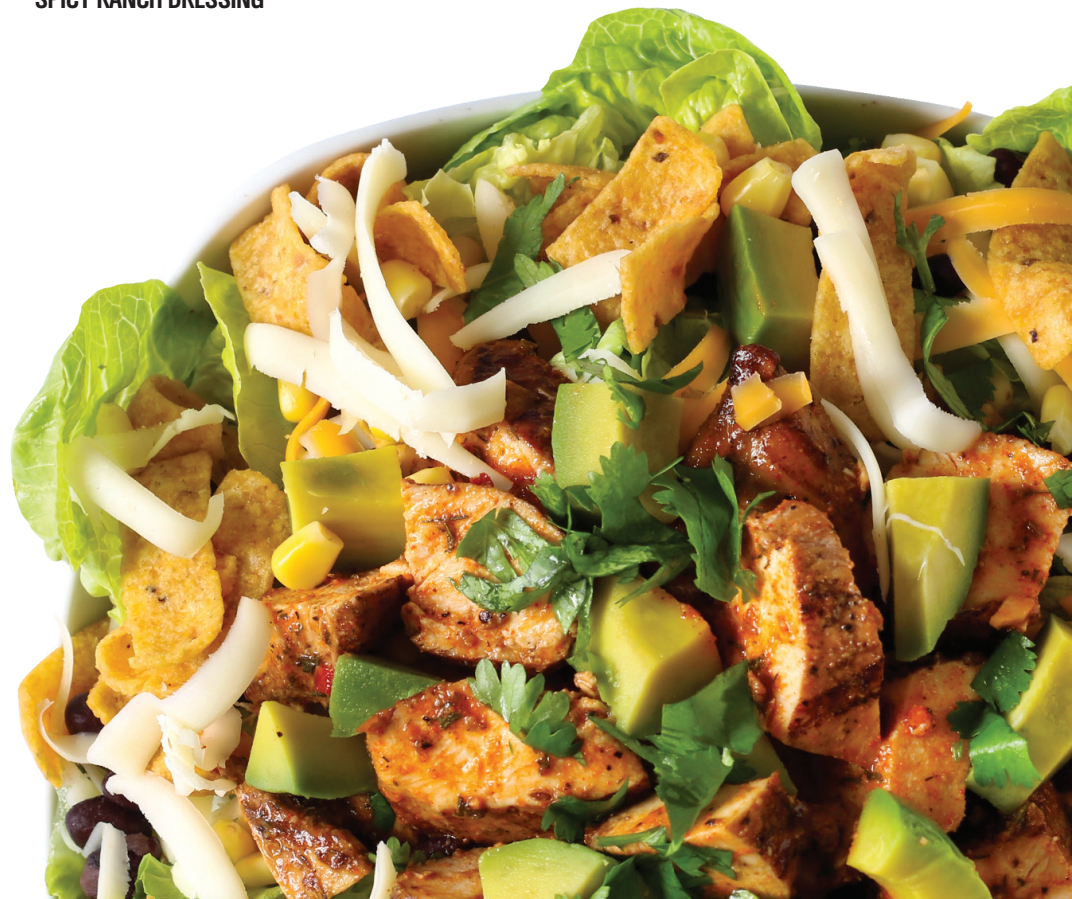
ROCKET ROMAINE, GARDEN SPINACH, BROCCOLI, CARROTS, RED CABBAGE, MANDARIN ORANGES, ALMONDS, CHOW MEIN NOODLES, SAVORY GRILLED CHICKEN BREAST, GINGER BERRY DRESSING

SEASIDE

ROCKET ROMAINE, GARDEN SPINACH, ARCTIC ICEBERG, SEASONED CRAB, SPICY SHRIMP, FRESH RED AND GREEN PEPPERS, CUCUMBER, RED ONIONS, MOZZARELLA CHEESE, CHOW MEIN NOODLES, ITALIAN HERB VINAIGRETTE

SOUTHWEST CHICKEN

ROCKET ROMAINE, SPICY SAVORY CHICKEN BREAST, CHEDDAR CHEESE, MOZZARELLA CHEESE, CORN, BLACK BEANS, CILANTRO, AVOCADO, CRUSHED FRITOS, SPICY RANCH DRESSING



*We reserve the right to limit portion sizes.

Only 2 substitutions or additions allowed on predesigned salads. Additional substitutions may result in an additional charge.

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CATERING OPTIONS

THE BIG SALAD

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www.thebigsalad.com/locations



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SAVE BIG - BIG SALAD REWARDS
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SANDWICHES

CALI CLUB

PAN ROASTED TURKEY BREAST, AVOCADO, HARDWOOD SMOKED BACON, LETTUCE, TOMATO, RED ONION, BASIL AIOLI ON A MULTI-GRAIN CIABATTA

CAPRESE

FRESH MOZZARELLA SLICES, FRESH BASIL LEAVES, TOMATO, BALSAMIC VINAIGRETTE ON AN ITALIAN BAGUETTE

CRANBERRY TURKEY

PAN ROASTED TURKEY BREAST, DRIED CRANBERRIES, WALNUTS, MAYONNAISE, UNIQUE SPICES ON A MULTI-GRAIN CIABATTA.

HAIL CAESAR

SPICY SAVORY CHICKEN BREAST, PARMESAN CHEESE, AVOCADO, ROMAINE LETTUCE, HEARTY CROUTONS, CAESAR DRESSING WRAPPED IN A SPINACH TORTILLA

ITALIAN ANTIPASTO

HAM, SALAMI, FRESH MOZZARELLA SLICES, TOMATO, RED ONION, MILD BANANA PEPPERS, DRIZZLED WITH OUR BASIL & GARLIC AIOLI, SERVED WARM ON AN ITALIAN BAGUETTE

SPICY TURKEY CLUB

PAN ROASTED TURKEY BREAST, HAM, HARDWOOD SMOKED BACON, MOZZARELLA CHEESE, TOMATO, RED ONION, SPICY RANCH DRESSING, SERVED WARM ON AN ARTISAN BAKED CIABATTA

SUNRISE

HAM, HARDWOOD SMOKED BACON, TOMATO, EGG, CHEDDAR CHEESE, SPICY MAYO, SERVED WARM ON AN ARTISAN BAKED CIABATTA

TURKEY BACON APPLE

PAN ROASTED TURKEY BREAST, SLICED APPLES, HARDWOOD SMOKED BACON, MOZZARELLA CHEESE, SPINACH SLAW, HONEY MUSTARD SERVED WARM ON A MULTI-GRAIN CIABATTA



SOUPS

CHECK YOUR LOCATION FOR DAILY SELECTIONS.

PICK-A-PAIR

PREMIUM SALADS, SANDWICHES, AND SOUPS MAY RESULT IN AN ADDITIONAL CHARGE.



SALAD + SANDWICH



SALAD + SOUP*



SOUP* + SANDWICH

TOPPINGS & DRESSINGS

PROTEIN

- HARDWOOD SMOKED BACON
- HICKORY SMOKED HAM
- PAN ROASTED TURKEY BREAST
- SAVORY GRILLED CHICKEN
- SEASONED CRAB
- SPICY CHICKEN
- SPICY SHRIMP

CHEESES

- BLEU
- CHEDDAR
- FETA
- MOZZARELLA
- PARMESAN

TOPPINGS

- ALMONDS
- AVOCADO
- BEETS
- BLACK BEANS
- BLACK OLIVES
- BROCCOLI
- CARROTS
- CHOW MEIN NOODLES
- CILANTRO
- CORN
- CUCUMBER
- DRIED CRANBERRIES
- EDAMAME
- FRITOS
- GARBANZO BEANS
- GRANNY SMITH APPLES
- GRAPES (SEASONAL)
- GREEN PEPPER

- HARD BOILED EGG
- HOMEMADE GARLIC CROUTONS
- JALAPEÑOS
- MANDARIN ORANGES
- MILD BANANA PEPPER
- MUSHROOMS
- PEAS
- PITA CHIPS
- PURPLE CABBAGE
- RADISHES
- RED ONION
- RED PEPPER
- STRAWBERRIES (SEASONAL)
- SUNFLOWER SEEDS
- TOMATO
- WALNUTS

DRESSINGS

- BABA LEMON VINAIGRETTE
- BALSAMIC GARLIC AND BASIL VINAIGRETTE
- BALSAMIC VINAIGRETTE
- BALSAMIC VINEGAR
- BUTTERMILK RANCH
- CAESAR WITH EGG
- GINGER BERRY
- HONEY MUSTARD
- ITALIAN HERB VINAIGRETTE
- OLIVE OIL
- RED WINE VINEGAR
- SESAME GINGER
- SPICY AVOCADO
- SPICY RANCH WITH BACON
- STRAWBERRY VINAIGRETTE

*8 OZ SOUP